

Senior helpers are in demand

The Retired and Senior Volunteer Program can guide residents older than 55 to service opportunities that match their skills and ability. Among the areas that can be tapped are immunizing children, providing food for the homeless, and assisting with relief services. The program is a national effort of the Senior Corps of the Corporation for National and Community Service. Scheduling flexibility is available, officials said, and residents can volunteer for as much time as they are comfortable.

Contact the Mayor's Office at 973-266-4005 for additional information.